

PROJECT: Three Destinations for Families Who Adventure Together | Short form web copy

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Kauai, Hawaii

Look no further than the island of Kauai for an unforgettable family adventure. An island known for its lush greenery and towering waterfalls, this destination offers spectacularly diverse terrain that beckons to be explored by land, air, and water. Hiking opportunities on the island are some of the best in all of Hawaii, including Waimea Canyon, “the Grand Canyon of the Pacific,” and the Na’Pali Coast with its stunning Kalalau Beach, accessible only via hiking trail. Beyond trekking around the island on foot, the jungle landscape at the heart of the island is perfect for ATV or off-roading tours. If you prefer something a bit more thrilling, opt for a sky or water adventure by taking in the epic and colorful views of the iconic mountain cliffs shoreline via helicopter or boat tour around the island. Top off your perfect island vacation with endless water activities including swimming, snorkeling, and stand-up paddle boarding at any of Kauai’s pristine beaches.

Dalmatian Coast, Croatia

A destination with a rich local culture and surrounded by the beauty of natural wonders and crystal-clear water, Croatia’s western coastline ranks high in offerings for family-friendly destinations on the Adriatic Isles. The Dalmatian Coast includes 79 islands and more than 500 islets, which make island hopping by ferry easy and fun. The adventure begins in Zadar, a cool spot for sailing in the stunning azure waters of the Kornati Archipelago, and home to a massive sea organ where kids will delight in the sounds made by the waves crashing at their feet. Visit Krka National Park with its network of waterfalls, emerald lagoons for swimming, and a meandering river that reaches the base of the Dinaric Alps. Explore Split, an ancient city that boasts medieval buildings, centuries-old churches and forts, and 3,500-year-old Egyptian sphinx statues in Peristyle Square. Split is a fantastic spot for a beach day with its shallow waters, ideal for families with small kids, and serves as a great point to explore other small islands like Brac, Solta, or Trogir via catamaran. A highlight is the island of Hvar, with its idyllic landscapes—fields of lavender, olive groves, and wine vineyards—it’s a perfect place to rent a scooter, take in the sights and enjoy a beautiful sunset from any one of Hvar’s beaches, hidden caves, or blue lagoons.

Coast of Guanacaste, Costa Rica

A year-round delight, the Guanacaste coast is a haven for adventures of all kinds, especially kid-friendly water sports and outdoor exploration. Northwest of Costa Rica’s capital of San Jose, the area has 124 miles of coastline and offers some of the best surfing in Central America. The beaches here are home to many surf schools that offer lessons for all levels. Playa Tamarindo, best known for its soft waves that are great for beginners, is also a noteworthy spot for boogie boarding and stand-up paddle boarding. It is relatively easy to find tours here that specialize in family-friendly excursions to explore the region’s warm waters, including deep sea fishing, sailing, and snorkeling day trips. A must for a real Costa Rican adventure is to take in the biodiversity of the landscape via zipline. The Monteverde Cloud Forest, known for its suspended walkways and bridges through this rare tropical cloud-covered forest, offers a system of zip lines that give you amazing views of the forest from many angles while gliding through green jungle canopies and literal clouds. Guanacaste is also home to many natural attractions like active volcanoes. Visit Rincón de la Vieja, which offers not only plenty of options for hiking and animal watching, but additional activities unlike your usual coastal beach destination like hot spring swimming and places for mud bathing.